



The Elements Counseling Services, PA
Authorization to Release Confidential Information

Today's Date: _____

Client Name: _____ DOB: _____

I hereby authorize The Elements Counseling Services, PA /Cindy Baubach, MA, LCMHC
to release/exchange and/or communicate specified information regarding my treatment to:

Name and Business: _____

Address: _____

City: _____ State: _____ Zip code: _____

Phone: _____ Fax: _____

Information to be released (check all that apply):

- Progress Notes Psychotherapy Notes
 Drug Abuse treatment information Alcohol abuse treatment information
 All my information maintained by The Elements Counseling Services, PA from _____ (Date)
 Other: _____

Reason (s) for this authorization (check all that apply):

- At my request Claims Management
 Treatment Planning Coordination of Care
 Evaluation Other: _____

This authorization ends: _____ (date not to exceed one year)
or, when the following event(s) occurs _____

I understand that I do not have to sign this release of information and that I may revoke this
authorization in writing at any time. If I did, it would not affect any actions already taken by
The Elements Counseling Services, PA

Client's Signature or _____
Parent, guardian or legally appointed representative

Date _____
Witness